“Whoever is patient has great understanding…”

— PROVERBS 14:29

AFFIRMATION:

I am growing in wisdom and steady patience, even when the day feels chaotic.

the beMIGHTY mom Ministry

"And the peace of God...
will guard your hearts and
your minds in Christ Jesus."

— PHILIPPIANS 4:7

AFFIRMATION:
God's peace steadies me when
the overwhelm rises.

“Better a patient person than a warrior, one with self-control than one who takes a city.”

– PROVERBS 16:32

AFFIRMATION:

I don’t have to fight every battle today. God is forming patient strength in me, one moment at a time.

the beMIGHTY mom Ministry

"...imitate those who through faith and patience inherit what has been promised."

– Hebrews 6:12

AFFIRMATION:

With patience and faith, I will see God's promises unfold in my family.



“But the fruit of the Spirit is love, joy, peace, forbearance…”

– Galatians 5:22–23

AFFIRMATION:

Patience is growing in me because the Spirit lives in me and strengthens me.

“May you be strengthened with all power… so that you may have great endurance and patience.”

— Colossians 1:11

AFFIRMATION:

God strengthens me daily.
I am equipped for this.

be MIGHTY mom Ministry

“A person’s wisdom yields patience...”

— PROVERBS 19:11

AFFIRMATION:

God is teaching me to pause, breathe, and respond with grace. To myself and my child.

the beMIGHTYmom Ministry

"Be completely humble and gentle; be patient, bearing with one another in love."

-- EPHESIANS 4:2

AFFIRMATION:

I can be gentle with myself and my child. God is helping me walk this season with patient love.

beMIGHTY mom Ministry

“In repentance and rest is your salvation, in quietness and trust is your strength…”

– ISAIAH 30:15

AFFIRMATION:

My patience comes from quiet trust. I can breathe, slow down, and let God lead.

“If we hope for what we do not yet have, we wait for it patiently.”

— ROMANS 8:25

AFFIRMATION:

Hope gives me patience to wait.
God is working in the unseen.

beMIGHTY Ministry